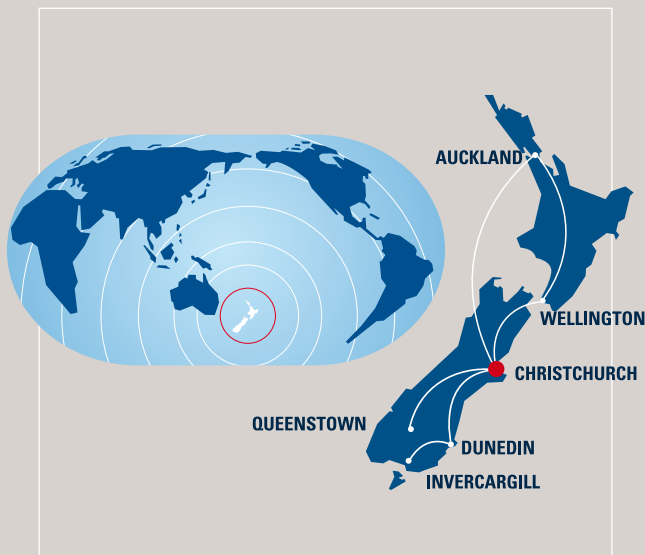


contact us at [marketing@nta.co.nz](mailto:marketing@nta.co.nz)  
for further course information



## ACCOMMODATION

If you do not already have accommodation we suggest the following options:

**HOMESTAY** - Alpha Education Institute is a specialist and experienced homestay company ([www.alpha.school.nz](http://www.alpha.school.nz)). Its service includes homestay, student care and guardianship.

**OWN ARRANGEMENTS** - If you wish to make your own living arrangements, you will need to inform us of the details on the enrolment form.

Note: The National Trade Academy is not responsible for and does not arrange your accommodation.

For further information on our enrolment process and terms and conditions go to [www.nta.co.nz](http://www.nta.co.nz).



P: +64 3 360 2192 F: +64 3 360 2193 E: [marketing@nta.co.nz](mailto:marketing@nta.co.nz)  
890 McLeans Island Road, McLeans Island, Christchurch  
PO Box 39069, Harewood, Christchurch 8545, New Zealand

[www.nta.co.nz](http://www.nta.co.nz)



# english + rugby

IN NEW ZEALAND



English Language  
Courses and Total  
Rugby Experience



[www.nta.co.nz](http://www.nta.co.nz)



# THE NATIONAL TRADE ACADEMY

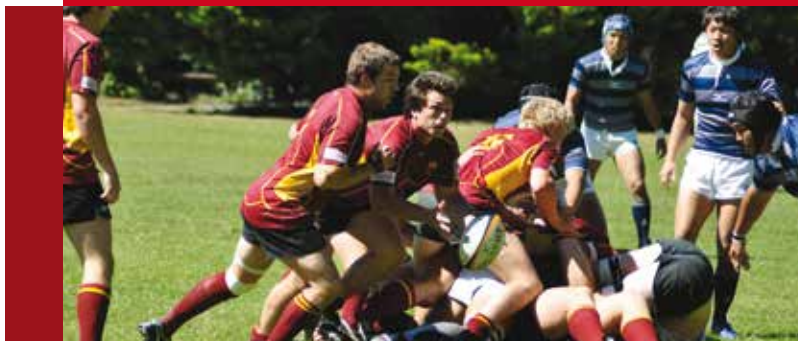
The National Trade Academy offers English language tuition to enable international students to communicate within a social, holiday or work situation in New Zealand.

For those who wish to enhance their learning with a rugby experience, the National Trade Academy, in conjunction with Total Rugby, can offer a variety of exciting packages which include:

- Coaching sessions
- Fitness training
- Playing for a local rugby club
- Signed rugby memorabilia
- Total Rugby tracksuit



## COURSE OPTIONS



### ENGLISH COURSES

1. General English Course (Beginners) – 12 weeks
2. General English Course (Elementary) – 12 weeks
3. General English Course (Pre-Intermediate) – 12 weeks
4. General English Course (Intermediate) – 12 weeks
5. General English Course (Upper Intermediate) – 12 weeks

Students will have the opportunity to develop English language skills at each level they enrol in, with a focus on the systems of English (grammar, vocabulary and pronunciation) and on the four language skills (listening, speaking, reading and writing). Emphasis will be on listening and speaking skills at each level.

### ENTRY REQUIREMENTS

Open to all international students who wish to develop their skills in English as a second language.

On completion of their studies, students can enrol in the next level course, depending on their visa.

The above courses are approved by the New Zealand Qualifications Authority under the provisions of the Education Act 1989 and the National Trade Academy is accredited to teach them.

### OPTION 1 - STANDARD

**DURATION:** 6-8 weeks

**INCLUDES:**

- Specialised coaching in groups of four (minimum) to ten (basic skills and some personal coaching)
- Attend a Crusaders coaching session
- Breakfast with an All Black/Crusader to discuss playing at the elite level (minimum numbers required)
- Fitness testing to measure baseline data and improvements
- Access to Jim Burrows fitness centre with training programme provided by qualified fitness instructor

**PREREQUISITE:**

Players must demonstrate that they have some knowledge of the game by completing a questionnaire.

### OPTION 2 - CLUB PREMIER

**DURATION:** 22 weeks

**INCLUDES ALL OF OPTION 1 PLUS:**

- Mental skills session with qualified sports psychologist (minimum English level required)
- Video analysis of playing using computer based feedback
- Personal mentoring by Total Rugby staff
- Signed rugby memorabilia

**PREREQUISITE:**

Players will have a history of playing rugby and have played at least one season of competitive rugby. Players should endeavour to arrive before the season starts in March.

